

# GETTING STARTED WITH TELADOC



Teladoc gives you 24/7 access to board-certified doctors through the convenience of phone, video, or mobile app visits. Set up your account today so that when you need care now, a Teladoc doctor is just a call or click away. All Teladoc consultations are FREE.

## TYPES OF MEDICAL CARE OFFERED

- General Medicine
- Behavioral Health
- Dermatology

## GET STARTED WITH TELADOC!



1

### Online:

Go to [Teladoc.com](https://www.teladoc.com) and click "Get Started Now."

### Mobile App:

Download the app and click "Activate Account." Visit [Teladoc.com/mobile](https://www.teladoc.com/mobile) to download the app.

### Call Teladoc:

Call 1-800-Teladoc to have a representative help you set up your account over the phone.

### SET UP YOUR ACCOUNT

Set up your account in minutes by web, mobile app, or by phone!



2

### PROVIDE MEDICAL HISTORY

Your medical history provides Teladoc doctors with the information they need to make an accurate diagnosis. Medical History **MUST BE** provided to request a visit.



3

### REQUEST A CONSULT

Once your account is set up, request a consult anytime you need care. You can talk to a doctor by phone, web, or mobile app.

\*Teladoc is an added benefit to members of the Jones Health Plan.

For more information, contact your [HR Liaisons](#) or visit [Benefits.Jones.com](https://www.Benefits.Jones.com)