# WHERE TO GO FOR MEDICAL CARE



### **TELEHEALTH**

### **\$0 PER CONSULT**

- Bronchitis
- Allergies
- Cold & Flu
- Ear Infection
- Respiratory
  Conditions
- Urinary Tract Infection (UTI)
- Poison Ivy
- Pink Eye
- Skin/Acne
- And More...

www.Teladoc.com | 888.258.1915

# **URGENT CARE**

\$25 COPAY

- Strains
- Minor Broken Bones (i.e. Finger)
- Minor Infections
- Minor Burns
- X-Rays

www.UMR.com | 888.826.9781

Group #: 76-41483

### **OFFICE VISIT**

PCP VISIT: \$15 COPAY SPECIALIST VIST: \$30 COPAY

- Routine Exams / Checkups
- Immunizations
- Preventative Services
- Manage Your General Health
- Sore Throat
- Stuffy Nose
- Sinus Infection
- UTI
- Bronchitis
- Allergies

www.UMR.com | 888.826.9781 Group #: 76-41483

# **EMERGENCY ROOM**

\$350 COPAY

- Heart Attacks
- Chest Pain
- Stroke / Stroke Symptoms
- Unconscious Patients
- Serious Accidents
- Uncontrollable Bleeding
- Head Trauma
- · Serious Abdominal Pain

Always dial 911 for life threatening emergencies!

### Don't be fooled by popup emergency clinics!

Freestanding ERs are misleading, often charging patients UP TO 10X MORE than they would pay for the same services at urgent care centers. Be sure to confirm that the Urgent Care or Emergency Room you're seeking care at is In-Network before you receive care!

<sup>\*</sup>This is <u>not</u> a comprehensive list of medical services. Please contact a doctor with any medical concerns you may have.\*